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Exam
Questions
Personal
Training
Mock Exam
Questions

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Trainers British
Vocational
Qualifications

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Exercise in
Water Advanced
Personal

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and Technology
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Practice The
Complete Guide
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Fitness
Professionals

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Cognitive

Functioning and
Physical

Activity/Sports

The American

Psychiatric

Association

Practice

Guidelines for
the Psychiatric
Evaluation of

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Adults, Third
Edition Make It
Stick The
Complete Guide
to Behavioural
Change for Sport
and Fitness
Professionals
How to Be an
Awesome Personal
Trainer Yoga
Journal
Alexander's
Nursing Practice

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Training Mock
E-Book
Principles and
Practice of
Stress

Management,
Fourth Edition
Fostering
Reflective
Teaching
Practice in Pre-
Service
Education
Psychiatric
Advanced

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Training Nursing
Successful
Exam
Private Practice
Questions
in

Neuropsychology
and Neuro-
Rehabilitation
Applied
Pathophysiology
for the Advanced
Practice Nurse
Partha's
Management
Algorithms in

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Pediatric and Adolescent Practice Questions

eLearning

Showreel -

Active IQ Level

3 Diploma in

Personal

Training Welcome

to Active IQ

Level 2 A \u0026

P Revision: How

to pass first

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time [Live Mock
Webinar

Recording] Gym
instructor

*practical
assessment*

sample **5 Books**

**You Must Read as
a Personal**

Trainer *4 Facts
you need to KNOW
about Muscles to
PASS your Level
2 Exam first*

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time [84 mins

Webinar

Recording] Level

3 Anatomy and

Physiology - How

to Pass First

Time Personal

Trainer

practical

assessment

sample L3 PT LAP

Checklist

Level 3 anatomy

mock questions!

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~~101 new q's How to
remember the
muscles for your
Level 3 anatomy
and physiology
exam~~ **[LIVE**

REVISION

TUTORIAL] Level

2 Principles

Exam Prep The

Best Way To Grow
Your Online

Fitness Coaching

Business *Online*

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Personal Mock
Training - Group
coaching model 4
Steps to

Remember Muscle

Origins and

Insertions The

Joint Action

Anatomy Exam

Question: How to

break it down

and get it right

on exam day ~~The~~

~~Neuro-Muscular~~

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~~Systems Level~~

~~3 Personal~~

~~Training The~~

~~Nervous System~~

~~Level 2 Fitness~~

~~Instructing~~

Coaching

Program: How To

Structure a

Lucrative

Fitness Coaching

Program ~~Level 3~~

~~Anatomy and~~

~~Physiology~~

Get Free Active Iq Personal

~~Revision~~ ~~heart~~
~~and lungs~~ ~~Lat~~
~~Pull Down~~
~~Level 2 Gym~~

~~Instructor~~ | ~~HFE~~

~~Level 3 S M A R~~
~~T Goal Setting~~

~~Fitness~~ Active

IQ Level 3

Diploma in Gym

Instructing and

Personal

Training

eLearning

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showreel

**Introducing
Active IQ's new
Level 3 Pre and
Postnatal
qualification**

*[Live Revision
Tutorial]*

*Anatomy and
Physiology Mock
Questions Sachin
PT Level 2*

Practical Exam

4 Questions you

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Aren't Expecting
in your Anatomy
Exam [Live
Tutorial]

[Live Revision
Tutorial] 4 Mock
Questions to
pass first time
~~The Skeletal
System Level 2
Fitness
Instructing
level 3
Nutrition~~

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Revision Active

Iq Personal

Training Mock

Personal Trainer

£800. The role

of a personal

trainer is to

coach clients

towards their

health and

fitness goals.

Through the

design and

provision of

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creative, Mock
personalised
exercise
Exam
programmes and
Questions

instruction,
along with
nutritional
advice and
lifestyle
management,
personal
trainers
motivate clients
to positively

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change their
behaviour.

Personal Trainer

- Active IQ

Active IQ Level

2 amp 3

Certificate in

Personal

Training. L2

Anatomy and

Physiology

Revision Pass

Parallel. Level

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2 Mock Paper

Anatomy and
Physiology For
Exercise and.

Level 2 Anatomy
and Physiology
Mock Paper Part
1 of 4. Mock

Exam Papers
Fitness Training
Solutions.

level3 exercise
referral Health
and Fitness

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Instructor. **Mock**

Exam

Active Iq Gym

Instructors Mock

Exam Questions

These are mapped to the Active IQ Level 3 Anatomy and Physiology exam and other awarding bodies, so you know it is a clear reflection of

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your current
ability. We have
divided the 48
mock questions
into sections so
you can clearly
see which areas
are your
stronger and
weaker areas of
knowledge.

DOWNLOAD THE
MOCK QUESTIONS
HERE 3. Learn

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Smart: **Training Mock**

Exam

Active IQ Level

3 Anatomy and

Physiology Exam:

What you ...

Instructions:

Clicking on the

section name

will show / hide

the section.

Course: Mock

Exams

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The number of questions varies per awarding body and training provider.

However, usually there are approximately 40 questions and 90 minutes to answer these.

... Active IQ and VTCT. This

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means the exam
questions are
similar to those
you can expect
on exam day. ...

If you want more
mock questions
like this, then
you can download
more Free Mock

...

Level 3

Nutrition Exam

Page 24/51

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Mock Questions -
and explanation

The Level 3

Anatomy and

Physiology Mock

Exam are

provided as a

FREE resource

for those

students working

towards a

qualification

that contains

the Anatomy and

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Physiology for
Exercise and
Health
module/unit.

Common
qualifications
that include
this unit, and
therefore this
exam, include:
Level 3 Personal
Training
Certificate

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Level 3 Anatomy
and Physiology

Mock Exam / HFE

Fitness Training
Solutions - Mock
Exam Papers

Fitness training
solutions would
like to give you
the best

learning
experience and
below you will
find mock papers

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to help your
exam revision
for the fitness
instructor
course and
personal
training course.

*Mock Exam Papers
- Fitness
Training
Solutions*

This
qualification

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progression

onto: Active IQ

Level 4

Certificate in

Advanced

Personal

Training. Active

IQ Level 3

Diploma in

Exercise

Referral. Active

IQ Level 3 Award

in Supporting

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Postnatal
Clients with
Exercise and
Nutrition.

*Active IQ Level
3 Diploma in
Personal
Training*

MOCK PAPER Level
3 Anatomy and
Physiology For
Exercise and

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Health Unit
Training Mock

Accreditation

Exam
Number
Questions

A/600/9051

Special

Instructions

This theory
paper comprises
questions that
are indicative
to the Level 3
Anatomy and
Physiology for
Exercise and

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Health unit. It contains questions that are phrased as

*MOCK PAPER Level
3 Anatomy and
Physiology For
Exercise and ...*

The following anatomy and physiology mock exam can be used to support your

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Preparation for
the Level 2
Anatomy and
Physiology
theory
assessment.

Whether you are
undertaking an
exercise to
music course or
gym instructor
qualification,
this assessment
provides a

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realistic sample
of the anatomy
and physiology
exam questions
and course
content you will
be questioned on
during your
assessment.

*Level 2 Anatomy
and Physiology
Mock Exam | HFE
Active IQ*

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AIQ002621

Anatomy and
Physiology for
Exercise Level 2
H/600/9013 Mock
Paper There are
30 questions
within this
paper To achieve
a pass you will
need to score 21
out of 30 marks

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*Physiology for
Exercise Level 2*

Here you will
find the mock
papers available
for Level 2 and
Level 3

mandatory units.
Click on the
title of the
paper you are
currently
studying or wish
to refresh your

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memory on in
order to be
taken to the
quiz. You can
complete these
quizzes as many
times as you
wish but the
pass score is
equal to that
expected in your
main theory
assessment ...

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Revision Quizzes
/ Pure Training
and Development*

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providing an
excellent
knowledge base
in personal
training, this
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ideal for
students who

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Training Mock
Exam
Questions

want to progress
their current
career, achieve
a nationally
recognised REPs
qualification in
personal
training and go
onto further
vocational
training and
placement
opportunities.

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Personal
Training Course

...

Active IQ Level
3 Extended
Diploma in
Personal
Training for
Health, Fitness
and Performance.
Legal
Entitlement and

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Advanced Learner
Loan Funding
Available. Level
3. Ofqual

Accreditation
Number
601/9002/4 .
Introduction.

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3 Extended
Diploma in
Personal
Training ...*

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Active IQ Level

3 Diploma in

Personal

Training for

Health, Fitness

and Performance.

The aim of this

qualification to

provide learners

with the broad

base of

knowledge and

skills to be

able to: Work in

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a variety of
customer-facing
roles within the
active leisure
industry,
including
fitness
instructing,
personal
training and
leisure
operations.

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Active IQ Mock
Mock Exams Level
Two. Level
Three. Home
Calendar Skip
Navigation.
Navigation.
Home. Site
pages. Tags.
Calendar. Site
news. Courses.
Community &
Resources.
Theory

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Assessment Mock

Dates.

Assessment
templates ...

YMCA Fitness
Industry

Training 111

Great Russell
Street, London.

WC1B 3NP Tel:

...

Course: Mock

Exams, Section:

Page 45/51

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Level Three
Active IQ Level
3 Certificate in
Personal

Training; Level
3 Diploma in
Sports Massage
Therapy;

Introductory
Massage

Workshop; CPD
Courses; Level 3
Award in

Designing Pre

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Exercise

Programmes;

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Vocational

Achievement;

Schools;

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YouTube Videos;

Anatomy &

Physiology Mock

Paper ...

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*Anatomy &
Physiology Mock
Paper – Kent*

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III 333 Mock

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Test quiz which
has been

attempted 8133
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Physiology Level
III 333 Mock
Paper Practice*

...

48 Level 3

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Physiology mock*

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questions . are
mapped to:

Active IQ, YMCA,
CYQ, Focus

Awards,

Transcend

Awards, VTCT,

Future Fit and

NASM. It's

likely you'll

have 40 Multiple

Choice questions

in 90 minutes

for your real

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exam, you need
70% to pass.

It's best to
check this with
your training
provider as some
do vary.

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